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The aim of the journal is to publish original articles, reviews, rare case report and letters to the editors of the highest scientific and clinical value in health sciences as physiotherapy and rehabilitation, health management, social work, nursing, midwifery, language and speech therapy, audiology, ergotherapy and gerontology.

The target audience of the journal includes all health professionals who are members of the health team.

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INSTRUCTIONS TO AUTHORS

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- Acknowledgment of the individuals who contributed to the preparation of the manuscript but who do not fulfill the authorship criteria.

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Manuscript Types

Original Articles: This is the most important type of article since it provides new information based on original research. Acceptance of original papers will be based upon the originality and importance of the investigation. The main text of original articles should be structured with “Introduction”, “Material and Method”, “Results”, “Discussion” and “Conclusion” subheadings. Please check Table 1 for the limitations for Original Articles.

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Units should be prepared in accordance with the International System of Units (SI).

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**Tables**

Tables should be included in the main document, presented after the reference list, and they should be numbered consecutively in the order they are referred to within the main text. A descriptive title must be placed above the tables. Abbreviations used in the tables should be defined below the tables by footnotes (even if they are defined within the main text). Tables should be created using the “insert table” command of the word processing software and they should be arranged clearly to provide easy reading. Data presented in the tables should not be a repetition of the data presented within the main text but should be supporting the main text.

**Figures and Figure Legends**

Figures, graphics, and photographs should be submitted as separate files (in TIFF or JPEG format) through the submission system. The files should not be embedded in a Word document or the main document. When there are figure subunits, the subunits should not be merged to form a single image. Each subunit should be submitted separately through the submission system. Images should not be labeled (a, b, c, etc.) to indicate figure subunits. Thick and thin arrows, arrowheads, stars, asterisks, and similar marks can be used on the images to support figure legends. Like the rest of the submission, the figures too should be blind. Any information within the images that may indicate an individual or institution should be blinded. The minimum resolution of each submitted figure should be 300 DPI. To prevent delays in the evaluation process, all submitted figures should be clear in resolution and large in size (minimum dimensions: 100 × 100 mm). Figure legends should be listed at the end of the main document.

All acronyms and abbreviations used in the manuscript should be defined at first use, both in the abstract and in the main text. The abbreviation should be provided in parentheses following the definition.

When a drug, product, hardware, or software program is mentioned within the main text, product information, including the name of the product, the producer of the product, and city and the country of the company (including the state if in USA), should be provided in parentheses in the following format: “Discovery St PET/CT scanner (General Electric, Milwaukee, WI, USA)”

All references, tables, and figures should be referred to within the main text, and they should be numbered consecutively in the order they are referred to within the main text.

Limitations, drawbacks, and the shortcomings of original articles should be mentioned in the Discussion section before the conclusion paragraph.

**References**

While citing publications, preference should be given to the latest, most up-to-date publications. Authors are responsible for the accuracy of references. If an ahead-of-print publication is cited, the DOI number should be provided. Both in-text citations and the references must be prepared according to the Vancouver style. Journal titles should be abbreviated in accordance with the journal abbreviations in Index Medicus/MEDLINE/PubMed. When there are six or fewer authors, all authors should be listed. If there are seven or more authors, the first six authors should be listed followed by “et al.” In the main text of the manuscript, references should be cited using Arabic numbers in parentheses. The reference styles for different types of publications are presented in the following examples.


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**Table 1. Limitations for each manuscript type**

<table>
<thead>
<tr>
<th>Type of manuscript</th>
<th>Word limit</th>
<th>Abstract word limit</th>
<th>Reference limit</th>
<th>Table limit</th>
<th>Figure limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original Article</td>
<td>3500</td>
<td>250 (Structured)</td>
<td>35</td>
<td>6</td>
<td>Max. 5 images</td>
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<tr>
<td>Review Article</td>
<td>5000</td>
<td>250</td>
<td>50</td>
<td>6</td>
<td>Max. 7 images</td>
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<tr>
<td>Case Report</td>
<td>1000</td>
<td>200</td>
<td>15</td>
<td>No tables</td>
<td>Max. 5 images</td>
</tr>
<tr>
<td>Letter to the Editor</td>
<td>500</td>
<td>No abstract</td>
<td>5</td>
<td>No tables</td>
<td>No media</td>
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</tbody>
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Editor(s) as Author: Huizing EH, de Groot JAM, editors. Functional reconstructive nasal surgery. Stuttgart-New York: Thieme; 2003.


REVISIONS

When submitting a revised version of a paper, the author must submit a detailed “Response to the reviewers” that states point by point how each issue raised by the reviewers has been covered and where it can be found (each reviewer’s comment, followed by the author’s reply and line numbers where the changes have been made) as well as an annotated copy of the main document. Revised manuscripts must be submitted within 30 days from the date of the decision letter. If the revised version of the manuscript is not submitted within the allocated time, the revision option may be canceled. If the submitting author(s) believe that additional time is required, they should request this extension before the initial 30-day period is over.

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Web page: avesayincilik.com
CONTENTS

ORIGINAL ARTICLES

116 Investigation of Medication Errors Witnessed by Intern Nurses During Pediatric Practices
Elif BİLSİN; Gaziantep, Turkey

123 Retrospective Evaluation of Pediatric Patients monitored with Trauma in Emergency Service: Three-Years Evaluation
Banu BENDÇİ, Gülzade UYSAL; Kocaeli, İstanbul, Turkey

129 Ethical Decision-Making among Intensive Care Unit and Operating Room Nurses
Seldə RIZALAR, Nazlı BALTAÇI, Sacide YILDIZELİ TOPÇU, GÖKÇE SANIOĞLU; İstanbul, Samsun, Edirne, Turkey

137 Effects of the Labour Fear on the Prenatal Attachment and Determination of the Affecting Factors
Ayşe GÜROL, Serap EJDER APAY, Tuğçe SÓNMEZ; Erzurum, Gaziantep, Turkey

146 Assessment of Quality of Life in Irritable Bowel Syndrome Patients
Gülşen KAYA GUVEN, Emine KIYAK; Ağn, Erzurum, Turkey

155 Inter-rater Reliability of Infant Motor Profile in 3–24-Month-Old High-Risk Infants: Turkey Sample
Ayşe NUMANOĞLU AKBAŞ, Özge ÇANKAYA, Kübra SEYHAN, Mintaze KEREM GÜNEL; Sivas, Ankara, Turkey

161 An Examination of Internal Medicine Nursing Postgraduate Theses in Turkey
Emine KARAMAN, Esra OKSEL; İzmir, Turkey

167 Do Individual and Vocational Features Affect Nurses' Job Satisfaction and Organizational Trust Levels?
Şehrınaz POLAT, Fatma AY; İstanbul, Turkey

178 Investigation of the Effectiveness of Transcutaneous Electrical Nerve Stimulation (TENS) and Home Exercise Program Against Supervised Exercises in Subacromial Impingement Syndrome
Eylül Pınar KISA, Serkan USGU, Yavuz YAKUT, Süleyman ALTUN; İstanbul, Gaziantep, Turkey

REVIEWS

184 Physical Activity and Sports Example for Children and Adults with Cerebral Palsy and Other Severely Disabled: Paralympic Boccia
Aynur ÇİÇEK; İstanbul, Turkey

189 Writing Material & Method Section in Qualitative, Quantitative, Systematic Review, Meta-Analysis, and Meta-Synthesis Studies
Fulya GÖKDEMİR, Gülümser DOLGUN; Artvin, İstanbul, Turkey

196 Current Exercise Approaches in Scoliosis Treatment
Tuğba KURU ÇOLAK, Burçin AKÇAY; İstanbul, Balıkesir, Turkey

201 Gene Replacement in the Prevention of Hereditary Mitochondrial Diseases: Three Parent Babies and Ethics
Simge EVRENOL OÇAL, Şahika ŞİMŞEK ÇETINKAYA, Çiğdem YÜCEL, Gülten KOÇ; İzmir, Kastamonu, Ankara, Turkey

207 Occupational Exposure to Antineoplastic Drugs and Nursing
Sevcan TOPÇU, Ayşe BEŞER; İzmir, İstanbul, Turkey

213 Novel Coronavirus Disease: Overview and Recent Situation
Ceyda ÖKSEL, Eyüp BILGLI, Muhammet Semih BAŞLAR, Selin ÇEŞMELİ, Aysel TOMAK, Berçem Dilan HANOĞLU; İzmir, Turkey